

## Board of Directors

### PCH

Kayla Elkins, Chair (7yrs)  
Terry Skones, Vice Chair (4yrs)  
Iris Robinson (6yrs) - HLRC  
Dave Skiff (2yrs)  
Dennis Broadbrooks (7yrs)  
Kari Hammond (7yrs)  
Troy Blunt (2yrs) - STAT Air  
**Need 2 new PCH Brd members**  
Lu Besel (recog or 9 yrs)  
Marty Johnson (recog for 6 yrs)

### Medical Staff

Edwin Medina, MD, Chief of Staff  
Theresa Ohl, FNP  
Elke Houser FNP (10/1)

### PCH Senior Leadership

Ward VanWichen, CEO  
Steph Denham, CFO  
Donny Bagley, CLT, Lab/Xray Mng  
Lonna Crowder, RN, DON  
Beth Welch RN, Clinic Mng  
Susan Bibbs, Business Office  
PCH Department Heads  
Maria Taylor, Physical Therapy  
Laura Gouker, Housekeeping  
Beu Winkel, Maintenance  
Janice Reichelt, Home Health  
Chum Stolem, PALS  
Bonnie McMullen, DME  
Sue Davis, Material Management  
Dennis Robinson, IT  
Season Slade, Medical Records  
Laurie Uphaus, Care Coordinator

### Policy/Procedures

Organizational and Departmental P/Ps are reviewed/renewed annually by departments, Administration, Medical staff and the Board

Infection Control Program  
Trauma Program  
Water Mngt program  
Antibiotic Stewardship program

## CEO's CORNER

**Great TEAMS make  
Great Individuals**

**Our ENTIRE PCH team/  
family do a great job and are  
appreciated. KUDOS!**

## Challenges, Changes and Growth in 2018

We were able to try our 4 Practitioner model for a year and then we lost 2 of PCHs as well as a community one. Which means we have been on the Recruitment path as well as the use of locums. In Physical Therapy we had some transitions, but were able to add a second PT into our care model for most of the year so as to have 2 PTs and maintain 2 PTAs in that department. We also have been able to recruit several new RNs to PCH when there for a time it appeared there were no resources out there to draw from. We are always looking for quality/qualified professional folks to join our team and try to partner with many different groups to recruit them. We continue to work through the processes and practices with HLRC and what makes sense for patients as well as to PCH and HLRC. Working on Medical Directorship and MD coverage. Home Health numbers continue to decline and so we have to start having conversations as to why and if any changes need to be

### Campus Wide Planning

The biggest and most pressing thing to get accomplished right now is the recruitment and retention of our 4th Practitioner and hope to have that in place by the first of the year. Continue work on our Community Needs Assessment and any other areas of need that are identified throughout the year. We will be looking at our price/charge transparency based on new rules/regulations coming out. Continually look at our billing and reimbursement practices and processes and adjust PRN. We have applied for a \$400,000 grant to move to

made or if that will turn around. We have been able to put into place our own Chronic Care Management program with Laurie Uphaus. Through the work of Med Staff and the nursing staff we were able to become a DPHHS Cardiac Recognized facility. We have worked on Adaptive Leadership principles and philosophies between Med Staff, Administration and the Board and we have seen some positive results in our interactions and communications. We also have introduced the concepts and ideas of the Florence Prescription to PCH and try to remind folks of those on a regular basis. We have done a charge master and price review and will make adjustments as needed and appropriate. How can we as PCH work to make healthcare more affordable? We are transitioning to all new servers on-site which is going well, but of course, we have to be cautious as we need our computers/EMR.

Digital Radiography for our fixed and mobile units and are looking for another RT to fill staff back up and look at US, Mamo and other appropriate imaging services that make sense for PCH. Working to ensure care and follow-up for suicide prevention and mental health is consistent throughout PCH. The building is in good repair but our flooring in some areas is showing the wear and we may have to start planning for that. Continue our work on partnerships, chronic care management, prevention, mental health, substance abuse, R/R quality people.

## Utilization compared to last FY

### FINANCIAL -

OP Gain/(loss) = 7,637 v.  
(\$614,894)  
% of MCare = 48% v. 40%  
% of Mcaid= 13% v. 6%  
% Commercial = 34% v. 28%  
% Private Pay = 5% v. 26%  
Days in AR w/o LT= 54  
Days cash on hand = 67

### CLINICAL -

Total hosp pt days= 602 vs. 877  
Avg Daily Census = 1.6 vs. 2.4  
ER patients = 926 vs. 997  
Lab tests = 67,477 vs.  
67,688  
XRays = 1,727 vs. 1,757  
CT = 386 vs. 365  
Home Health visits = 957 vs. 1,402  
PT procedures = 7,294 vs. 8,059  
Sleep studies = 16 vs. 19  
PALS hours = 521 vs. 528  
DME (avg pt/mo)= 53 vs. 58  
Clinic visits = 7272 vs. 6373  
Mamograms = 219 vs. 223

### Campus Committees

- **Campus Core**—Lori Abrahamson—newsletter, employee of the quarter, Bdays, recognitions
- **QA/QI** - Laurie Uphaus—Will move to Dept. Head mtg Agenda. Will look at data PRN, reporting/tracking
- **Safety** - Laura Gouker—personal safety training
- **HPP** - Sue Davis—focusing on education, drills/exercises and AARs. Also involved with local LEPC
- **Infection Control** - Theresa Ohl and Laurie Uphaus—working on employee flu vaccinations/program as well as Antibiotic stewardship follow-up from assessment
- **EMR** - this group continues to meet
- **Corporate Compliance**—Season Slade—general oversight of PCH compliance with rules, regulations and laws.
- **Privacy/Security**—Dennis Robinson—working on Risk Analysis and educate/train track HIPAA, Privacy and security incidents.
- **Trauma Committee**—upon re-survey PCH lost our DPHHS designation, we have put a lot of work to re-designate but with Practitioner changes were are holding

## PCH Departments

## Affiliations

**Strategic Planning**  
Quality Care  
Pop health/chronic disease  
R&R of Human Capital  
Technology/data  
Access to healthcare  
Partnerships/collaborations  
Economy, finances, reimburse

### Strategic/CHNA Work Plan Update

See separately attached document.

### Chart Reviews

Chart audit and review completed for all CAH charts (Inpt, Obs, SB and ERs) as well as RHC by our Medical Records department for completeness as well as proper diagnosis to ensure proper coding and billing.

3rd Party Chart Audits are completed:

**Trauma/ER**—using trauma flow sheets, thorough H/P as well as care provided and plan. How to get pics in EMR.

**Inpatient**—H/P to stand alone and complete PE

- **People** - we continue to do and tweak our annual employee surveys, are now conducting exit interviews and are always looking at being market comparable for all positions here at PCH. Are changing our annual eval as well as our coaching/discipline processes.
- **HIMS/IT** - we were able to get our signature pads up and going and have purchased and are progressing with completely new on-site servers. We continue with our EMR committee to help identify and address concerns or problems.
- **Lab/Radiology** - we had the opportunity to have an RT/US tech join us and we initiated development of a basic US program. Now that US tech is leaving us so will re-focus that program and are recruiting an RT. Bill has become a limited permit Rad tech. We have applied for \$400,000 grant for new DR fixed and mobile radiology equipment also initial conversation about Mamo in-house
- **Medical Records** - with the retirements of Kerry Faaborg and Marla Sisco, Season Slade has become our MR Manager and just recently Kacee McNally joined her in the department. We will monitor for any changes/additions PRN.
- **Physical Therapy** - we were able to purchase new PT software (Cedron) and had some challenges to makes sure information, practices and processes were efficient and effective, but now seem to be on a good path. We have new folks in PT—Becca is a PT, Cheyenne in the Office and Kayla as a new PTA which now gets us back to fully staffed. Looking at utilizing space downstairs.
- **Home Health**—Annual program review is done separately.
- **DME/Home Oxygen**—went through accreditation for both DME/Home Oxygen and Sleep studies and did great. Still remains a 1 person dept. with PRN RN
- **PALS**—have chosen not to go self direct at this time, difficult with R/R of staff
- **BO** - we have had few transitions of people, but all things seem to be pretty smooth and Susan is implementing efficient and effective practices/processes in her role as BO Manager. Susan has taken the RHC Managers cert. course.
- **Nursing/ED** - we continue to partner with Aaniiih Nakota College and their Nursing program being on their Advisory Committee as well as hosting clinical rotations at PCH. We have had a large turnover in nurses and have a lot of younger/newer RNs that are doing great and provide high quality care/services. We are now a DPHHS recognized Cardiac Care facility and they work on competencies.
- **Materials Mngt** - have not had any major changes in this area this past year and continue to monitor PAR levels, ordering and re-supplying processes
- **Maintenance /Facilities** - The HVAC system has continued to remain a priority to run efficiently and effectively. We completed our clinic NS remodel project as well as a small remodel of a room for US. We do now have 2 apartments for locums and our own staff—in time we hope to get down to just one.
- **Housekeeping** - Laura Gouker has become our new Housekeeping Supervisor along with 2 other folks and seems to be the right staffing to meet our needs.
- **Finances**— this year was a lot tougher based on lower inpatient census. Loss of 340B program through some distributor changes, and our added expenses of locums and recruitment efforts.
- **Medical Staff**— We are currently utilizing locums in the clinic and ER while we are recruiting our 2 other Practitioners. We continue to utilize a 3rd party for Peer Review and have in place a contract for Med Directorship PRN. We reviewed and renewed our Med Staff By-Laws and Rules/Regulations this last year.
- **Board of Directors**— Our Board honored outgoing Board members Marty Johnson and Lu Besel this year for their years of service and hence will need to find replacements for them as well as managing the PCH Association Trustee member list. The Board is engage in taking the Best on Boards training/education.



**Are services adequate and appropriate?** YES—PCH feels services offered and utilization are appropriate at this time as well as our plans to address any gaps, but always and continually looks at ways to meet the needs of our community and change/adapt as appropriate. We are hopeful that our new 64 slice CT will increase amounts and types of studies able to be done here at PCH. Also, if we can get an US/RT tech we should be able to increase that area of service as well. Will see where EMS conversations go as well as any collaborations with the Foundation. Lastly we will see if we can truly put something together for mental health services consistently in community.

**PCH Affiliations and groups associated/partnered with:** Montana Hospital Association, Montana Health Network, Northcentral Montana Hospital Alliance, Advisory Committee of the College of Nursing at MSU-Northern, Advisory Committee of Aaniiih Nakota College of Nursing, PhillCo, Chamber, Community Needs Group, Local Emergency Preparedness Committee, NE Montana STAT Air, Montana Health Research and Education Foundation, Montana Family Medicine Residency Program, Area Health Education Center

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Theresa Ohl, FNP-BC  
Elke Houser, FNP—C (10/1)  
?? 4th Practitioner

## Senior Leadership

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Lonna Crowder, RN, DON  
Beth Welch, RN Clinic Mgr  
Susan Bibbs, BO Manager

## RHC staff

Beth Welch, RN Clinic Mgr  
Jasmine Crasco, RN  
Stacy Crasco, RN  
Joe Thorpe, CNA  
Melissa Hindler, WC/CNA  
Kaylie Gilman, CNA

## Records Review

Medical Records reviews  
100% of clinic charts. Dr.  
Medina signs off on 10% of  
RHC practitioner charts

With the identified areas for  
improvement being : con-  
sistent charges especially  
related to levels, codes match  
documentation match care  
provided as well as H/P stand  
alone and PE more thorough

**Policy and Procedure  
reviews** - these are done  
annually

- \* being a part of the  
CAH our RHC utilizes the  
general P/P of the entire  
organization as well as  
campus programs which  
also are reviewed/renewed  
annually.
- Both clinical and oper-  
ational P/Ps specific to  
the RHC are reviewed,  
renewed and approved  
annually also

## Changes

While PCH was able to recruit our  
4th Practitioner and maintain that  
model for 1 yr. that Practitioner  
along with another 1 left PCH as  
well as community FNP in August  
which left PCH with Dr. Medina  
and Theresa only to server our  
community so we started getting  
locums as well as recruitment of 2  
other Practitioners. Lots of conver-  
sations about MD/DO vs. PA/  
FNP—it was decided that even  
though we need/want to starting  
thinking and planning for succe-  
sion planning of Dr. Medina we  
need Practitioners here to take care  
of patients and recruited Elke  
Houser, FNP to PCH and are cur-  
rently looking for our 4th. Practi-  
tioner who will be an FNP or PA.  
We continue with our “sick/walk-  
in” call days for urgent patient  
cares, earlier AM apt, Saturday  
walk-in clinics also. We were able  
to provide Nexplanon implants to  
pts. We did have another almost  
complete turn over of nursing staff  
in the clinic. We have been able to  
maintain telmed mental health and

cardiology as well as traveling  
specialist Podiatry and added the  
services of OB/GYN and General  
surgery from FMDH as well as  
initiated Behavioral health care  
management through our clinic  
with Jo and Jessica through the  
NHMA grant and partnership with  
CMMC. Another large change  
was our adoption of Pain Mngt P/  
Ps that was being overseen by  
Shane Jenson, FNP prior to his  
leaving. Shane and Sherry did  
initiate visits to the MOI group  
homes instead of them coming  
here. We did utilize a clinic spe-  
cific Practitioner/staff meeting that  
went pretty well along with Adap-  
tive Leadership to build relation-  
ships between Med Staff and Sr.  
Leadership. We completed our  
clinic NS remodel project and as  
we look at our space to meet our  
needs may have to look at phase 2  
when we expand the exam rooms/  
offices. We will continue to be a  
rotation site for MD/DO, FNP, PA  
or nursing students.

## Planning

We will continue with locums  
coverages until we are able to R/R  
our 4th Practitioner to PCH and  
once that is settled will look at call  
vs. clinic schedules and how or if  
we can relieve some call duties  
from Dr. Medina as well as every-  
one as that was identified in exit  
interviews. With our new Practi-  
tioners coming on Board we will  
look at education/training to help  
them be successful. With Opioids

being such a large issue we will  
continue with Pain P/Ps but will  
look at potential of having Spe-  
cialist here to assist, look to part-  
ner with the County Health Nurse  
on some women’s issues, explore  
ways to provide mental/behavioral  
health into Primary care. May  
continue to try to get Oncology,  
Interventional Radiology and  
Endocrinology here. With the  
many staff changes the large thing  
will be to gain consistent staff.

## Access to External Services

**On—Site**—Podiatry, Audiology, OB/GYN, general surgery, WIC,  
Mammograms/Dexascans.

**Telemedicine:** cardiology, neurology, nephrology, dermatology, rheu-  
matology, endocrinology, diabetes education and mental health.

**Education**—our clinic and others at PCH are looking at new/different  
ways to provide patient and community education and may explore—  
diabetic and opioid (use/mis-use). Ongoing staff development and edu-  
cation as well.

## Utilization of Services

**FINANCIAL**—Operations 7,637 (draft)

RHC	1.3m Vs 1.2m
% MCare=	48%
% MCaid=	13%
% Commercial Pay=	34%
% Self Pay=	5%
Days in AR w LT=	78
Days in AR wo LT=	54
Days Cash in Hand =	67

## CLINICAL - Current

Clinic Visits=	7272 Vs 6373
Dr. Medina	1735 Vs 2099
S. Gairrett	1833 Vs 2143
T. Ohl	2107
S. Jenson	1597

With the 4th Practitioner + 900 visits

Mammogram=	219 vs 223
Dexascan=	22 vs 19
Telehealth	

Total numbers	206 vs 176
Medical	60 vs 32
Mental Health	59 vs 15
Estimated savings =	\$74,591

**Survey/Cert**—RHC went through a survey  
this year with follow areas needing to be  
addressed: annual building inspection  
by State fire marshal, outdates,

We feel the services we currently provide  
meet the needs of our community when  
we are fully staffed at 4 Practitioners to  
provide family/primary care, but contin-  
ually assess that base on recommenda-  
tions of Medical Staff and/or needs  
identified in the community and then add  
services PRN as able and appropriate  
either on-site, telemed or other partner-  
ships.

## Clinic Programs:

- Pain Mngt. And P/Ps
- Employee and patient FLU  
and pneumonia vaccination  
program (clinic/hospital)
- Community Education -  
through new website and local  
papers more regular infor-  
mation/education
- Chronic Care Management
- Behavioral Health Mngt.